



The Alexander SBS Summer 2025 Series

Lesson #1 – Overview of the fruit of the Spirit

Main Idea

This is the first lesson in our Fruit of the Spirit series. Over the next 12 weeks we'll cover the nine attributes that include love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control. Can you imagine a life where we all demonstrated these at all times?! Wow, that would be incredible and would certainly contribute to greater harmony in the church. To wrap up the series in August, we'll spend two weeks talking about the Bema, or Judgment Seat of Christ, where we'll be rewarded for a life well-lived in exhibiting the fruit of the Spirit.

In this lesson we'll explore who the Holy Spirit is and what role He plays in the life of the Believer. Most Believers, including myself, were not taught extensively on the Holy Spirit and the important role He can play in our lives. It's almost like He's the "scary" part of the Trinity who never gets the attention or recognition He deserves. The older I get the more I'm learning that power in the Christian life comes from those who are filled with the Holy Spirit.

Today's lesson will include five (5) Bible passages that are all provided on the back page.

1. John 14:25-27
2. Galatians 5:22-23
3. John 16:12-15
4. 1 Corinthians 6:19
5. Ephesians 4:30

Questions for Consideration

1. Read the five verses provided on the back page and fill in the table below addressing the who, what, when, where, why, and how questions associated with the Holy Spirit in the life of the Believer.

| Question to be Answered | Response |
|--|----------|
| Who is the Holy Spirit? | |
| What does the Holy Spirit do? | |
| When does the Holy Spirit come? | |
| Where does the Holy Spirit live (or reside)? | |
| Why does God provide the Holy Spirit? | |
| How does the Holy Spirit Work? | |

2. In Ephesians 4:30 we read about grieving the Holy Spirit. What insights do this verse provide for us in understanding more about the Holy Spirit and how should these insights impact how we live?
3. How God worked through the power of the Spirit in the Old Testament is very different than how He works today in the life of His followers. Read Judges 3:10-14. How is "indwelling of the Holy Spirit" different than the wording used in this passage where it states that "The Spirit of the LORD came on him?"



John 14:25-27 (NIV)

²⁵ “All this I have spoken while still with you. ²⁶ But the Advocate, the Holy Spirit, whom the Father will send in my name, will teach you all things and will remind you of everything I have said to you. ²⁷ Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.

Galatians 5:22-23 (NIV)

²² But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, ²³ gentleness and self-control. Against such things there is no law.

John 16:12-15 (NIV)

¹² “I have much more to say to you, more than you can now bear. ¹³ But when he, the Spirit of truth, comes, he will guide you into all the truth. He will not speak on his own; he will speak only what he hears, and he will tell you what is yet to come. ¹⁴ He will glorify me because it is from me that he will receive what he will make known to you. ¹⁵ All that belongs to the Father is mine. That is why I said the Spirit will receive from me what he will make known to you.”

1 Corinthians 6:19 (NIV)

¹⁹ Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own;

Ephesians 4:30

³⁰ And do not grieve the Holy Spirit of God, with whom you were sealed for the day of redemption.

Judges 3:10-11 (NIV)

¹⁰ The Spirit of the LORD came on him, so that he became Israel’s judge and went to war. The LORD gave Cushan-Rishathaim king of Aram into the hands of Othniel, who overpowered him. ¹¹ So the land had peace for forty years, until Othniel son of Kenaz died.

