



Being Men of God in a Dark World
High Meadow Ranch Men's Bible Study | Ephesians 4: Part 1 – Tuesday, March 19, 2024

Most of us would have to admit we're living in dark times. What used to be right is often considered wrong, and standing for the right things can often result in criticism and even public backlash. Paul's letter to the Ephesians is a book for a "time such as this." The early church in the ancient city of Ephesus faced similar challenges as we do today in being disciples of Jesus. The pagan culture did not recognize God and certainly did not see Jesus as God's Son. In his letter, Paul addresses some of the most important Christian concepts contained in the Bible including the Holy Spirit, salvation, spiritual warfare, marriage, and even parenting. May the Lord use this book of the Bible to impact us all to be more like Jesus!

Overview of Chapter 4: Part 1

Verses 1–6 Living a life worthy of our calling

Verses 7–16 Christ's apportioning of grace and distribution of gifts

Verses 1 through 6

1. Read verse 1 and answer the following questions.
 - a. How would you assess your life relative to Paul's admonition for us to live our lives worthy of the calling we have received?

 - b. In what ways are you living a worthy life?

 - c. In what ways are you not living a worthy life and why?

2. Read verses 2 through 5. Why are these admonitions so important? Give examples from your life when you have seen Believers working hard to maintain unity in the Body and when you have not. The "Body" in this context is the Church comprised of other followers of Jesus.

3. Share your thoughts on the following statement related to maintaining unity in the body.
God's desire is that we see other Believers as if they are works in progress under His care.

