



Fruit of the Spirit



High Meadow Ranch Men's Bible Study (Fall 2025 Series) Lesson #3 – The Element of Peace

Main Idea

This fall we're going to become intimately familiar with the fruit of the spirit, the elements of which are listed below. This week we'll be discussing the third element, peace.

Love
Joy
Peace

Patience
Kindness
Goodness

Faithfulness
Gentleness
Self-Control

The word peace has multiple meanings to different people. From a government standpoint peace is to be absent civil unrest, turmoil, and war. Within a group of people, including family, it means we're all getting along. On a personal level peace is the absence of turmoil, worry, fear, and uncertainty.

The concept of peace is one of the most dominant concepts in the Bible. God creates, ordains, and bestows peace on those whom He chooses. In the Old Testament peace was given based on obedience and holy living. God-honoring kings had period of rest and peace, while reigns of evil kings were subject to constant enemy attacks and civil unrest. In the New Testament peace is given to Believers as a by-product of our salvation, but it is also a reflection of the Holy Spirit living in us as we abide in Jesus.

Further, as Believers we are called to live at peace with others (Romans 12:18, Colossians 3:15, and Hebrews 12:14). These New Testament writers are calling us to extend grace to others, especially within the church. To a large extent, our ability to get-along in the church with fellow Believers by demonstrating peace is a reflection of Jesus in our lives.

Questions for Consideration

1. Have you ever been around someone who always seems to be at peace? In thinking about their lives, how would you describe them and what factors seem to contribute to their peace?
2. Make a list of all the factors, contributors, or reasons, either we or others do not experience peace?
3. In the Bible passages provide on the back page, several talk about getting along with others. Why can getting along with others be difficult and what success have you had in making peace with others?
4. How does the peace offered by God counter the anxiousness many of us feel? Read Philippians 4:6-7 and consider this passage in developing your answer.



But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness, and self-control. Against such things there is no law.

Galatians 5:22-23

Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.

John 14:27

"I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world."

John 16:33

The mind governed by the flesh is death, but the mind governed by the Spirit is life and peace.

Romans 8:6

If it is possible, as far as it depends on you, live at peace with everyone.

Romans 12:18

May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit.

Romans 15:13

For God is not a God of disorder but of peace—as in all the congregations of the Lord's people.

1 Corinthians 14:33

⁶Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. ⁷And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Philippians 4:6-7

Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful.

Colossians 3:15

Make every effort to live in peace with everyone and to be holy; without holiness no one will see the Lord.

Hebrews 12:14

When the Lord takes pleasure in anyone's way, he causes their enemies to make peace with them.

Proverbs 16:7

